

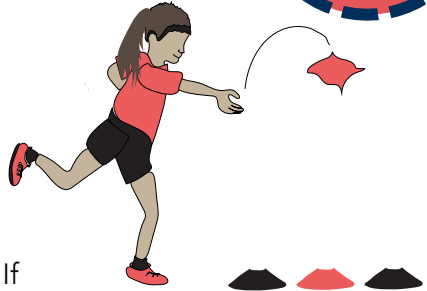
# Three in a Row

## Home Physical Education

Can you help other players if they are finding it hard?

### How to play:

- Each player has 3 targets that they place on the floor.
- Each player takes 3 steps back from their targets when throwing.
- Players take turns to throw an object towards their targets.
- If a player hits a target it is removed. If a player misses they place a target which has been removed back in.
- The first player to hit all of their targets is the winner.



Can you challenge yourself to use the right technique?

### Top Tips

#### Throwing Underarm

Step forwards with one foot, releasing the ball from low to high using your opposite hand.

### Let's Reflect

Did you congratulate the winner of the game?

How did you feel when your throws were successful?