



NURSERY PLANNING W/C 15.06.2020 Topic - Food

This week's story: The very hungry caterpillar <https://youtu.be/75NQK-Sm1YY>

Weekly Reading Tasks	Weekly Literacy Tasks
Monday- Read or watch the story of 'The Very Hungry Caterpillar'. Can children name all the food he eats? Would they like to eat those things? What happens when he eats too much? Have you ever had tummy ache from eating too much?	Monday- What sound dose 'caterpillar' begin with? Can you find objects that begin with the letter 'C' ?
Tuesday- Can you remember what happens in the story of 'The Very Hungry Caterpillar'? What is he at the beginning of the book? What does he turn into? What is he at the end of the story? What does he eat?	Tuesday- On www.phonicsplay.co.uk play the matching sound game.
Wednesday- Look at the lifecycle of a butterfly. What stages do they go through? Watch these clips to get more information. https://youtu.be/mQOFh1exp3A https://youtu.be/kVm5k99PnBk	Wednesday- Play 'I spy with my little eye something beginning with...' using fruit and food in your house.
Thursday- Can you think of any other animal life cycles? Watch these for ideas and talk about what you have seen. https://youtu.be/GgCL3JenMCs https://youtu.be/jScJ9neiWg0	Thursday- Watch the clip for the letter 's'. https://youtu.be/sUmUpf-JNoU How many things can you find around the house that begin with the letter 's'?
Friday- Using the story of 'The Very Hungry Caterpillar' as a frame, make up your own story of 'The Very Hungry Tadpole/Chick'	Friday- Practise writing your name using different colours, how many colours can you use to write it in?
Weekly Maths Tasks	Weekly Creative Tasks
Monday- Count the food in the story - how many pears/plums apples etc. does the caterpillar eat? Continue at own mealtimes, count how many things you have on your plate.	Monday- Make a caterpillar https://www.penguin.co.uk/articles/children/2018/how-to-make-caterpillar-paper-chains/ or https://youtu.be/klulTkPk48s
Tuesday- Number songs:- five little ducks, five little men in a flying saucer, ten green bottles. There are lots more on YouTube.	Tuesday- Collage a picture of the butterfly, use magazines, food packaging, things from the garden. 
Wednesday- Watch numberblocks 1 https://www.bbc.co.uk/iplayer/episodes/b08bzfnh/numberblocks and 2 https://www.bbc.co.uk/iplayer/episode/b08bzgt8/numberblocks-series-1-two Can you practise writing a number 1 and 2?	Wednesday – Make a bottle top picture 

Thursday- Play the teddy game from topmarks.co.uk https://www.topmarks.co.uk/learning-to-count/teddy-numbers	Thursday- Fruit and vegetable printing- Using a selection of vegetables and fruit support your child to print and explore the shapes and patterns created. Watch this for ideas https://youtu.be/EVjZ7g_pbrl
Friday- Play 'hunt the number around your house', what numbers can you find?	Friday – Hungry Caterpillar Songs https://youtu.be/75NQK-Sm1YY https://youtu.be/tUBBh4QzTU

Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more about different foods. Learning may focus on where different foods originate from, what makes a healthy meals, an opportunities to help cook.

- **Healthy/Unhealthy** - Provide you child with a selection of items from your kitchen cupboard, or look at pictures online. Can they sort them into things that are healthy and unhealthy? Discuss why the food is good or bad for you. Look at the 'eat well plate' <https://www.foodafactoflife.org.uk/3-5-years/healthy-eating/eatwell-guide/> to help figure out which foods they should eat a lot of or not very much of.
- **Exercise-** Discuss why exercise is important part of staying healthy. Watch and complete a 'Joe wicks PE' session or a 'Boogie Beebies' dance session, search for them on YouTube-loads to try out.
- **5 a day-** Together keep a fruit and vegetable diary; children can draw what they have eaten that day and count to see if they have eaten their '5 a day'.
- **Play shops-** Using toy food or old packaging set up a food shop for your child to act out being the shopkeeper and the customer. Give them paper to make signs, write prices, create shopping list etc.
- **Fruit salad-** Help your child practise cutting and peeling. This could be an opportunity to try new things. Can you make you fruit in the shape of a caterpillar as in this clip https://youtu.be/A_qxHi_NfYE
- If you need some chill out time there is a yoga session linked to this week's story <https://outu.be/xhWDiQRrC1Y>
- Some stories to watch together to help with current situation
<https://www.youtube.com/watch?v=2PnnFrPaRqY>
https://www.youtube.com/watch?v=12nAl_mLDOg
<https://www.youtube.com/watch?v=a2t1Kk1-ldY>

Jigsaw – Being In My World and Changing Me packs

Routine is good. However, as research has shown we need to start small, be flexible and in-tune with children’s needs. Take time and space to allow children to learn their new and sometimes ‘strange’ routines: - getting into school, hand washing, placing coats etc., using a drawer of their own resources and how/ when to use this, carpet places and placing equipment into buckets after use, eating in the classroom, new toilet access arrangements, playtime routine. And then it grows slowly.

Give plenty of notice (count down) that an activity is coming to an end. Using ‘first and next’ wherever and whenever you can, “First we’ll tidy away using the buckets, then we can sit and have a drink and snack and enjoy a story together at the carpet”, or something like this.

- Play social distancing games - <https://www.asphaltgreen.org/blog/rep-it-out-games-for-social-distancing> (play these throughout the weeks)
- Check via questions how the pupil is feeling:
How are you feeling at the moment/ this morning/ afternoon/now at the end of the day? What is going well? What is not going so well? If you were to rate how you are feeling at the moment out of 10 (10 being the best you have ever felt in your life, 1 being the worst you have ever felt in your life) where would you rate yourself? Use 5 scale rating system in your SENd resources pack to support the idea of emotions going from happy through to miserable, perhaps chopping the pictures up and laying them next to the numbers laid out in a line.
Where would you like to be? (Again show this physically on the line pointing to emotion pictures) If when I talk to you next and you were one point better (from 5 to 6 say) what would that look like? (just describing the preferred future can help people move towards it – just one step at a time)
What can you do that might help you to feel a bit better? Have you ever tried anything to help yourself feel happier or more relaxed before? When would you be able to try that? Is there anyone that you would like to help you do this? Support student to make a plan, offering possibilities for action.
- It would be a good idea to give the children a 5 point rating scale card, so they show how they are feeling at points in the day. Start with it, check at lunchtime and do it again at the end of the day. Use this through the weeks. Comment if their number increase and talk about what has changed. Recap on this the day after – do you remember yesterday.....and this helped you to feel more comfortable/ happier...



I'LL GET THESE MADE FOR YOU.

- Hand washing song with Dr Ranj <https://www.bbc.co.uk/cbeebies/radio/get-well-soon-wash-your-hands-song>
- Blowing your nose - Dr Ranj <https://www.bbc.co.uk/cbeebies/watch/get-well-soon-the-sniffly-nose>
- Missing hugs and not touching story introduction <https://www.youtube.com/watch?v=2PnnFrPaRqY> https://www.youtube.com/watch?v=12nAl_mLDQg <https://www.youtube.com/watch?v=a2t1Kk1-ldY> [Can we all do this please.](https://www.youtube.com/watch?v=2PnnFrPaRqY)
- Practise using their own equipment – make an elephant mask with the paper they have been given.
Draw 5 pictures of things you did with your best friend at school before lockdown. Now draw 5 things that you do now. Label, write a sentence.

Additional learning resources parents may wish to engage with